

the Pen Mag

November 2021



The Pen Mag

OUT AND ABOUT AGAIN

The events program on and around the Peninsula is really opening up and many more groups and events are taking place. Our Whats On page in the PenMag is getting fuller and fuller. Thank goodness I say! It gives us something to look forward to, allows us to support our favourite charities and means we get to go out out! (That's the new way of saying going out!).

Please do let me know if your Club, Group or Event would like to appear in our What's On page or would like to take a one-off advert in advance of your event. It is free to advertise in What's On.

In the last few months many of the local houses have changed hands. Please let your new neighbours know about the PenMag.

If you are a local tradesperson in Helensburgh, Rhu, Shandon, Garelochhead, or on the Peninsula we are really keen to hear from you. We want to make residents aware of any and all local businesses, trades, handy people, gardeners etc. If you would like to take out a small but very effective ad in the PenMag to promote your services to our very welcome new residents to the Peninsula and Helensburgh areas then please do get in touch with ronatmc@hotmail.com.

The team at the Pen Mag take no salary or money for producing the PenMag. Any costs made from advertising go toward the fantastic design and the ability for you to have live links to your own websites. Ads are cheap. Just get in touch for more details.



<https://www.facebook.com/kilcreggangarage/>

The nights are drawing in and the temperature is dropping which means it's time to get your car ready for winter.

Regular servicing and maintenance can help avoid many of the problems associated with driving in cold weather.

- Check your tyres for tread and pressure
- Get winter tyres fitted
- Top up coolant and windscreen wash with anti-freeze
- Keep your lights clean and check your bulbs.
- Check your battery
- Find your ice-scraper and de-icer

If you need help with any of this why not book your car in for a winter check over.

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Gartnaval	0141 211 3000
Queen Elizabeth University Hospital	0141 452 2600
Royal Hospital for Children	0141 201 0000
Beatson West of Scotland Cancer Centre	0141 301 7000
Glasgow Dental Hospital	0141 211 9600

HELPLINES

Citizens Advice	01436 67911
Women's Aid	01369 706636
Rape Crisis	0800 121 4685
Samaritans	116 123
Childline	0800 1111
Scotland's Domestic Abuse Helpline	0800 027 1234
SAMH (Scottish Association for Mental Health)	0141 530 1000
Breathing Space - if you are feeling overwhelmed	0800 838587

Coronavirus helpline
0800 028 2816

Utilities

Gas

National Gas Emergency
0800 111999

Electricity

North of Scotland
Scottish & Souther Energy Networks
0800 300999

Central & Southern Scotland
Scottish Power Energy Networks
0800 0929290

National Power Cut 105

Water

Scottish Water 0800 0778778

Argyll & Bute Council

Social Work Services
01631 566 491
Homelessness 0345 056 5457
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Contents

Editorial	5
What's On - November 2021	6
Village Voice	7
Cove Book Festival	8
Commodore's Log	10
Peninsula Cookbook	12
Bottled Pleasures	13
Author of the Month - Kirstin Innes	14
Peninsula Profile	15
Understanding Antiques	16
Growing Pains	17
Crossword	18
News in Brief	19
Ministerial Musings	21
Transport Timetables	24

The Pen Mag
SUPPORTERS CLUB

As we will have no income from sales going forward, we are hoping some of our regular readers might take out a "subscription".

We're asking for just **£10** a year (less than £1 an issue), and if you would like to help, please indicate your support by emailing **info@penmag.co.uk**

We will give you the bank details and send you the link to The Pen Mag every month.

Live @
Cove
Burgh
Hall

OCTOBER 29TH

Horse McDonald Flying Trio Tour

NOVEMBER 20TH

Mull Theatre Company with Every Brilliant Thing

NOVEMBER 27TH/28TH

8th Annual Cove and Kilcreggan Book Festival

DECEMBER 4TH

Sue's Christmas Quiz



JANUARY 29

Grand Burns Supper with host Jamie MacDougall

FEBRUARY 27TH

Sunday Lunch with Val McDermid

info and tickets at

www.coveburghhall.org.uk

Editorial



November; dark nights, often dreich days. Time to make soup, coorie doon and hug the dug. (Other animals are available.)

But there's lots going on in our wee peninsula to keep the gloom at bay. Our book festival is on the last weekend and you can find the full programme inside. Jeanne Brady's author of the month slot profiles Kirstin Innes who will be appearing on the 28th alongside partner Alan Bissett.

Also back are things we took for granted pre Covid, like lots of organisations coming up for air from enforced hibernation and getting us back into some kind of circulation again.

Meanwhile our regular columnists are offering more home based entertainment. Sue Montgomery returns to her first love with suggestions for the perfect winter cheese board.

Stephen Adam, coping manfully with the move to Helensburgh, has come "home" to find some seductive pink wines in our local Cove Country Store (and one which he suggests may be somewhat overpriced.)

Liz Mathie, who knows more about gardens than the rest of us have forgotten, gives us the comforting news that she takes a pretty laid back approach to Autumn tasks like clearing the leaves – though giving us some useful tips as to how to use the latter for good mulching.

Roo Irvine, who's added a Bargain Hunt stint to her burgeoning career as a TV

presenter, provides a fascinating insight into chess pieces (we've privately agreed that the Lewis variety have more charm than the jewel encrusted one.)

Wells Grogan has still found a Commodore's Log post sailing season and talks us round the Cove Sailing Club's annual prize giving. A few names in there suggesting that sailing genes might matter, and it would be remiss of me not to mention that a female helmsperson made off with the top trophy!

The wee Porch Gallery is back with a seasonal show as is the RNLI's ever popular card sale which will also feature paintings this year. Full details of both in the News in Brief.

Village Voice is by Alexia Holt this month, who writes about some of the innovative things happening at the artists' retreat, Cove Park. At the end of October some of us had a lovely treat listening to Mixed Tracks – musicians from all of the world jamming with their indigenous musical instruments.

And the Peninsula Profile looks at the life and times of Alistair Lamont, who's just taken over as chair of the Cove and Kilcreggan Community Council.

So lots to do. Lots to see and hear. Lots to eat and drink!

Remember to keep us posted about anything happening in your corner of the local world.

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What's On - November 2021



Community Groups are welcome to advertise their regular event slots in our What's On page.

If you know of any community groups that should be or would like to appear in What's On please contact ronatmc@hotmail.com

Amenity Society Coffee Mornings

Last Friday of the month, 10am-12noon. Cove Burgh Hall

Aspire Academy of Dance

Monday and Tuesday afternoons, Gibson Hall
Contact Ashley on 07756 817159

Cove Community Library

Mon, Wed, Fri & Sat. Cove Burgh Hall Times on www.coveburghhall.org.uk

The Cove & Kilcreggan Literary Society

Monday 4th Cove Burgh Hall 8.0pm. 'The Italian Chapel built by POWs on Orkney' by The Rev Ian Millar.

Monday 18th 8.0pm. 'The Glasgow Girls - Artists breaking through the Glass Ceiling' by Catriona Reynolds. www.covekilcregganlitsoc.org contact@covekilcregganlitsoc.org

Cove & Kilcreggan SWI

Wednesday 3rd Nov, 7.30pm in Cove Burgh Hall.

Maureen Robinson talking about Project Linus Hug in a Rug. All guests welcome.

Members Competition: Seamans Hat, named jar of jam. Tea/Coffee and Biscuits.

Dog Training Club

Wednesday evenings, Gibson Hall 07384 341920 or ghdogclub@icloud.com to join the waiting list.

Fun First

Wednesday mornings, Mail@funfirst.org.uk or 07593 594401 to book a place

Gibson Hall

Saturday 13th November 7.45pm BYOB Quiz night. Teams of up to 6, £2 per head entry. Raffle and prizes.

Saturday 20th November 10am -1pm Table top sale. Tea/coffee and baking available.

December 4th Christmas Card Making Details to follow next Month.

Line Dancing Classes

Wednesday 1800 - 1900, Cove Burgh Hall and Thursday at Ardencaple Hotel. Follow on facebook @reboot

The Peninsula Choir

WEDNESDAY 10th Cove Burgh Hall 7.30pm to 9.30pm. Entering our second month of the new Choir season, it's not too late to come along and join.

WEDNESDAY 17th 7.30pm to 9.30pm. Our second singing session of November, we should be singing better by now!

WEDNESDAY 24th 7.30pm to 9.30pm. Continuing to sing on Wednesdays, by popular request. gwyn_simons@yahoo.com

RNLI

Sat 06th November 11am - 1pm Art and Christmas Card Sale Home baking and RNLI goods Cove Burgh Hall Tea/Coffee and Mince Pies

Scottish Country Dancing

Tuesdays, 10.00 till noon. Cove Burgh Hall. All welcome. Contact Helen Bain 842 695

Senior Citizen lunch club

Wednesdays From 12:00 Cove Burgh Hall

Stay and Play Toddlers

Every Tuesday 1-2.30pm Cove Burgh Hall. Birth to preschoolers. email covestayandplay@outlook.com

Tai Chi,

Monday 10.30- 11.30 Gibson Hall, Contact Chris on 07391 919293 or taijienergy4u@gmail.com

Textile Crafts

Fridays 1000-1200, Cove Burgh Hall. All crafters welcome.

Yoga

Mondays from 16 Aug Ashtanga Yoga 0930

Tuesdays - Gentle Yoga 20:00

Fridays - Chair Yoga 13:00

Cove Burgh Hall

Village Voice

With Alexia Holt

Celebrating Future By Design at Cove Park



Images: The Outdoor Classroom taking shape Cove Park, summer 2021.

Over the past few months an exciting new project has taken place at [Cove Park](#), the residency based on Peaton Hill for national and international artists, cultural practitioners and researchers.

Positioned at the top of Cove Park's 50-acre site is a new Outdoor Classroom designed and built by Scottish architect Tom Morton ([Arc Architects](#)) in collaboration with students and young architects, designers, landscape designers and engineers from Scotland.

This spectacular new structure provides an inspirational space for outdoor workshops and public events connecting directly to the work of the artists taking part in Cove Park's residencies.

The idea for the Outdoor Classroom took shape in the spring of 2021 when Cove Park was announced as the winner of [British Council Architecture, Design, Fashion's Future By Design](#) programme.

This initiative was designed to inspire a global dialogue around climate change, and specifically to engage young people. Cove Park invited the Ghanaian-

Filipino architectural scientist [Mae-ling Lokko](#) to work with Morton for the first time and to develop not just the Outdoor Classroom at Cove Park but also a landscape installation in a public park in Ghana's capital, Accra.

Both projects focus upon the urgent issue of the impact of climate change upon water and flooding as a phenomenon that is highly dramatized by climate chaos and the biodiversity crisis in both Ghana and Scotland.

Underpinning the project was the aim of exploring the future of place design in the era of climate change. The young architects and designers that took part will spend their careers over the next 30 years dealing with the impacts of climate change. The project identified that this reality requires radical changes in construction technology, design strategies and working processes, and construction technology itself will move away from cement, metal and plastic to bio-composite materials including timber, bamboo, and mycelium.

The Outdoor Classroom was designed through a series of on-line and on-site workshops, involving the young

professionals in Ghana and Scotland.

Collaboratively, the group developed a complex Scottish Larch Gridshell structure. The build and installation took just over one week, and work then progressed to planting, using local flora, immediately around and within the Outdoor Classroom itself. This process was led by [Rachel Bailey Garden Design](#), an RHS award-winning studio based in Helensburgh, with volunteers from our local area. The final stage of the build has involved the installation of bespoke mycelium blocks, developed by Lokko at Cove Park and through workshops with local young people. Highlighting mycelium's potential as an eco-sustainable building material, these pieces will be placed within the bank of ground adjacent to the Classroom, creating benches for visitors and structures through which plants can grow and integrate further with the site.

We are looking forward to welcoming visitors to the Outdoor Classroom. If you would like to know more about workshops, events and special projects taking place at Cove Park, please join our [mailing list](#) or follow us on [Instagram](#), [twitter](#) or [facebook](#).

Cove & Kilcreggan Book Festival

Saturday 27th November

SATURDAY

10.30 to 11.30

JAMES ROBERTSON



James Robertson is a man of many parts. A consummate novelist, his *News of the Dead* has just been published and many are comparing it to his magnificent *And The Land Lay Still* in terms of its richly evocative portrait of Scotland. James also runs his own independent publishing house, Kettltonia, and younger readers will know him best through *Itchy Coo*, the imprint which puts children's classics into the Scots language.

Chaired by Pauline MacLean

Sponsored by James Auld Funeral Directors

12 noon till 1pm

GAVIN ESLER and AILSA HENDERSON



Gavin Esler, the former Newsnight and BBC News Presenter has a shrewd eye for UK politics. His last book was on Brexit and this latest one *How Britain Ends* takes as its theme the tensions between national and British identities. With him will be Professor Ailsa Henderson who co-wrote (with Richard Wyn Jones) a book about *Englishness*, which has that simple title. Canadian Ailsa Henderson is the Professor of Political Science at Edinburgh University.

Chaired by Ruth Wishart

LUNCH at the Café Bar

All our authors' books will be on sale upstairs in the Library, where you will be able to have your copy signed by the writer.

2pm till 3pm

GAVIN FRANCIS



Photo: Wellcome Trust / Thomas Farnetti

Gavin Francis is a renaissance kind of chap who combines writing award winning non fiction with being a very busy GP in his Edinburgh practice, and also tends to a rural community in Orkney. In these roles he had a ringside seat of the anxieties and afflictions engendered by the pandemic which changed and touched all our lives. Gavin has worked in various medical guises around the world including being medical officer to the British Antarctic Survey. Yet none would have prepared him for the tribulations of the last 2 years.

Chaired by Melanie Reid

Sponsored by Hart Insurance

3.30 to 4.30 pm

DOUGLAS STUART



Douglas Stuart became only the second Scottish author to win the prestigious Booker Prize when *Shuggie Bain* walked off with the literary prize every novelist craves. Already a New York based success as a much sought after fashion designer, Stuart's other life as a novelist gave us a book which captured both the neglect and the resilience of his protagonist's Glasgow childhood. It was the subject of many rejections before his American publisher realised its likely global appeal. And is now one very happy publisher!

Chaired by James Robertson

Sponsored by TC Young Solicitors

Cove & Kilcreggan Book Festival

Sunday 28th November

SUNDAY

10.30 to 11.30
DENISE MINA



Denise Mina is not just an award winning crime writer, but one who came to fiction via her legal studies. She knows whereof she speaks. After a series of hugely popular novels, she has

brought her uniquely observant eye to bear on true life characters and their stories. *The Long Drop* used as her source material the story of the Peter Manuel murders. And now she has dipped into history to bring us *Rizzio*, reworking the story of the bloody assassination of David Rizzio, private secretary to Mary Queen of Scots.

Chaired by Susan Stewart

sponsored by
the Open University in Scotland

12 noon to 1pm
KIRSTIN INNES and ALAN BISSETT



Photo: Kirsty Anderson,
The Herald

This is something of a first for Cove and Kilcreggan, having a writing duo on stage who happen also to be real life partners.

Kirstin Innes' *Scabby Queen* has been a huge publishing success, and she continues to write up a storm despite being a mum to two children, one of whom seems a bit of a stranger to sleep.

Alan Bissett is an author, actor and playwright whose novella *Lazy Susan*, makes wonderful use of the Scottish demotic.

Chaired by Janice Forsyth

LUNCH at the Café Bar

2pm to 3pm
ANDREW COTTER
(with OLIVE and MABEL)



Andrew Cotter (and Mabel and Olive!) became You Tube stars when sports commentator Andrew began to upload hilarious videos of the girls at food and play to You Tube. (Mainly at food it

has to be said.) Andrew's many sporting gigs from rugby to Olympics were either cancelled or postponed when lockdown hit.

So he started attaching commentaries to mini videos of his Labradors which has variously led to two books - *Olive, Mabel and Me*, and *Dog Days* which has just been published, a column in a national newspaper, and an unexpected new role as book festival guest.

Chaired by Ruth Wishart

Sponsored by
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3.30 to 4.30 pm
GRAEME MACRAE BURNET



Graeme Macrae Burnet was born in Kilmarnock and now lives in Glasgow. He is the author of four novels, *The Disappearance of Adèle Bedeau*, *His Bloody Project*,

The Accident on the A35 and his latest novel, *Case Study*, has just been published.

His Bloody Project was shortlisted for the 2016 Man Booker prize, the LA Times Mystery Book of the Year, the European Crime Fiction Prize and won the Saltire Prize for Fiction. It has been published in twenty languages. Graeme was named Author of the Year in the 2017 Sunday Herald Culture Awards and has appeared at festivals and events all over the world.

Chaired by Janice Forsyth

All of our events are £7 or £40 for a weekend pass.
Buy online at coveburghhall.org.uk

Commodore's Log

With Wells Grogan - Cove Sailing Club

The moorings lie empty off the sailing club, boats ashore and autumn winds whipping up the swell and lowering the temperature. COVID still challenges our sense of wellbeing and what's normal. Trying to bring some semblance of normal to our autumn programme, the annual Prizegiving ceremony was held on Friday 22 October.

A light buffet supper courtesy of club members who whipped up a chicken casserole, fish chowder, chilli, sausage rolls or some delicious desserts was generously provided for the 50 or so members who braved a rainy and windy night.

A convivial atmosphere soon settled on the club as families and friends caught up with each other. Following supper, plates were cleared, drinks refilled and the awards ceremony commenced.

Following a brief introduction from yours truly welcoming folks back to the club and thanking them all for their continued commitment, Arlene McNeilage proceeded to acknowledge the success of our Cadet sailors for their efforts this season.

The Blackie Cup is awarded to the Cadet who helms a Loch Long to victory in the Blackie Cup race. Josh van Impe was the successful helmsman. As Josh was away on a family holiday, his able crew Molly Aitchison accepted the trophy with a beaming smile from Arlene.

Also absent due to holidays, Cerys Bowie was the recipient of the Rotary Shield for most improved cadet during the season. The older cadets will need to watch out, as she will give them a run for their money as she progresses.

All cadets received a prize for their participation and enthusiasm: Josh van Impe, Rhuaridh Hall, Oscar Fury-Harland, Max Niven, Kelvin Froid, Blair McNeilage, Eilidh McIntosh, Molly Aitchison and Cerys Bowie.



Molly Mullin accepting the Blackie Cup on behalf of Josh van Impe and herself



The Rotary Shield for most improved cadet went to Cerys Bowie

The evening's attention then turned to the results of the Loch Long races. A hotly contested season amongst the 8 boats that were afloat this year resulted in two outright winners of the season's trophies.

As a result of its long history and committed membership, there are a number of cups donated by former members that are contested each year. This season saw 6 series completed as well as the RNLI Pennant & Boag Cup race.

Sharing the honours for 1st place in all races were Moonshine (102) helmed by Annie Burden and Electra (109) helmed by Alan DeVenny. Annie took home the Tullis Salver, Teachers, Bellcairn and Floodtide Cups, while Alan took home the Young and Club Cup in addition to the RNLI Pennant and Boag Cup.

The overall club championship was awarded to Annie Burden in Moonshine

(102). Congratulations to Annie and all her crew. And thanks to all the crew who had their boats afloat and contributed to an enjoyable season of racing.

The Peaton Trophy is awarded to the most improved sailor during the season and this year the trophy was awarded to Rachel Harper, helming her father, Alan Harper's Loch Long, Capricorn (66). She has certainly learned a thing or two from the old sea dog dad.

As an RYA affiliated club, we try to focus on people and our place in the community as well as improving on the water skills. As a volunteer run club, our people are our most important component. Without their contributions we would not function.

The Bridge Team, who organise and manage the races and regattas are not in the spotlight. A big thank you to our Bridge team of Kevin Rickerby, John Bray, Hamish Caldwell and Eddie Ramsay was included in our evening of recognition. They are looking for help so if you want to help run some races, give me a call.

We also acknowledge the member or members who have made outstanding contributions to the club and this year we recognised efforts for the 2020 and 2021 season. Although we held no races in 2020 we did try and keep the club alive and functioning.

Leeanne DeVenny was recognised for her committed efforts to keep our COVID risk assessments current and all systems in place to ensure a safe environment for social gathering.

In 2021 we awarded this Hawker Siddely award to Claire Watson and Arlene McNeilage the team who organised and ran the cadet training programme with great success. Sincere thanks to all three for their commitment and dedication.

Personal development is an important part of

developing one's life skills. To recognise those efforts of club members who have developed their maritime and sailing skills by personal initiative is an important element to be recognised and applauded.

Awards of merit were presented to Zoe Robinson who completed her SQA in Maritime Skills in 2020 and to new member Keith Mitchell, who took the bit between his teeth and achieved not only his RYA dinghy qualifications but also his RYA Day Skipper practical certificate in 2021. We wish them both well in using those skills for their personal ambitions and for the club's future.

And so the night ended with a big thank you to all members who have continued to support the club locally and remotely, to the fantastic chefs who fed us well that night and to all the sailors and their families for engaging in the sport we all enjoy immensely.

Looking forward to 2022, it is our 50th year anniversary year and plans are being discussed. But more of that next month.

Future events this Autumn

November 19 will see the CSC Bar Olympics with a fun games night. For the avoidance of doubt it will not include an openwater swimming race! Check the club webpage for more details to follow. On November 26, local musicians will provide some background music while you sip your favourite refreshment. If you play an instrument and have a song to contribute or share come along.

As December draws the year to a close, a Christmas cocktails night will be on offer, no doubt accompanied by some boisterous Christmas carols.

It's not too late to join your community sailing club. And we're not just about sailing. If you row, powerboat, paddleboard, kite surf, kayak or swim, or enjoy helping to organise and expand the activities of the club we'd love to have you join. Get in touch with me or Club Secretary, Alison Robinson, details on the webpage, www.covesailingclub.co.uk.

Hope to see you out there



Cerys & Molly



Josh & Molly in Sula



Blair, Rhuaridh & Cerys in Allegro



Oscar & Eilidh in Sabre

Cove Sailing Club One Design Loch Long Race Results 2021									
Boat Name	Elizabeth	Capricorn	Sula	Moonshine	Sabre	Electra	Tarka	Allegro	Cup
Sail No	33	66	84	102	104	109	116	117	
Series A Total	14	5	12	4	27	6	27	27	Tullis Salver
Series B Total	16	9	9	6	21	4	27	23	Young Cup
Series C Total	20	14	11	6	17	10	25	12	Teacher Cup
Series D Total	10	11	6	4	10	4	16	17	Club Cup
Series E Total	17	12	13	9	21	12	22	19	Bellcain Cup
Series F Total	12	6	12	2	13	5	10	16	Floodtide Cup
Overall Total Pts	125	78	86	48	136	61	154	141	
Overall Position	5	3	4	1	6	2	8	7	
			2			1			Joseph D Ross Memorial
						1st Joshua van Impe			RNLI Trophy & Boag Cup
						2nd Blair McNeillage			Blackie Cup
First					2020		2021		Outstanding Contribution
Second					L DeVerny		C Watson		
Third							A McNeillage		
					2 Robinson		K Mitchell		Award of Merit



Club Champions for 2021 with the Joseph D Ross Memorial Trophy Annie Burden and crew of Moonshine L to R (Kirsty Meekers, Annie Burden, James Addlington, Simon Jackson)



Electra and Moonshine crew with their cup trophies



Rachel Harper with the Peaton Trophy

Peninsula Cookbook

With Sue Montgomery



Cosy Night Treats

The clocks have gone back and the temperature is falling. While I love summer nights and long days there is something lovely about this time of year when we need our winter coats and cosy gear. I would most likely swap midgie filled summer evenings for winter nights under a blanket with our favourite treats.

It's the season for family get togethers and evenings in, in my world anyhow, and how lovely to be able to do these wee gatherings a wee bit more freely again. For friends or family members who pop round for a Saturday evening of Strictly in front of the fire they always know that coming to our house will involve some form of cheese board. So here are my top tips for a cheese board to accompany a wee glass of red and night in front of the fire this winter...

Connage Clava Brie

It's always good to start a cheese journey with the mildest on your board, to get the taste buds warmed up. While mature French brie can knock your socks off, this Scottish brie style cheese has a much more buttery flavour and subtle taste. When young the texture is firm for a brie but over time develops the gooey inner layer of a typical brie. Subtle but delicious Connage Clava is well worth a place on a cheese board.

Fat Cow

For the talking point alone Fat Cow is worth inclusion. Inspired by Dutch style Emmental, this "holey" cheese is made by the Highland Fine Cheese Co. just outside Inverness. With a smooth texture and slightly sweet flavour the flavour of this cheese is just as memorable as its name.

Comte St Antoine

Comte St Antoine is made in the French Alps and as such if you wander into any cheese mongers in the area there will be without doubt a small mountain of Comte wheels on display. In turn there will most likely be a slice of Comte in most cheese courses in the French family home.

Comte's nutty flavour and meaty texture goes perfectly with sliced meats, salamis and olives. Add some balsamic onions and you're quids in for a wee antipasti platter.

Snowdonia Black Bomber

Any cheeseboard needs a full bodied cheddar. Made in Rhyl North Wales; Black Bomber is a creamy mature cheddar that is a favourite for the majority of cheese lovers who enjoy it.

Perfect on a cracker or used to make the best cheese on toast you'll ever have with the leftovers Black Bomber is a real crowd pleaser.

Montagnolo

While some people don't like blue we are often asked at our counter to advise of a good starter blue cheese that will introduce our visitors to blue cheese. Montagnolo is the perfect candidate. Montagnolo is a super soft, creamy and not too blue blue. Having won the International Cheese Awards in various years, Montagnolo is a great introduction to blue cheese with a wee red grape to soften the blue blow but equally by big blue cheese fans.

Fig Jelly

Just like a with chutney a wee bit of sweetness is perfect on the side of a winter cheese board. Fig Jelly is made in Dorset from a basic recipe of fig, water and a hint of cinnamon and is very worth while addition. So much so I can't eat any cheese without a tiny bit of fig jelly on the cracker. Loved by most fig jelly can accompany the

majority of cheeses and all on our chosen cheese board.

As difficult as it is to choose a few cheeses from the array available on the counter no matter which you go for remember these top tips.

Leave your cheese out of the fridge for at least an hour before you enjoy it – cheese at room temperature will maximise its flavour

A selection of 4/5 cheeses from a soft, cheddar, blue, jelly/ chutney plus something a wee bit different is a perfect combo. Adding a goat's or ewe's milk for a bit of acidity is another good addition

Crackers are always a win of course with cheese, but I'd say go for the plainest biscuit you can – while there are some beautiful flavoured biscuits for cheese they can take away from the hero of the bite – the artisan cheese.

Enjoy these and whatever cheeses are on your board on the dreich but cosy times on the coming wintery nights.



Bottled Pleasures



With Stephen Adam

Have you been seduced recently? Seduced by a wine label conjuring up an avenue of cypresses leading to an 18th century chateau, or a cute, lip-licking feline holding an improbably large glass of malbec titled “Cat’s whiskers”?

Both bottles aimed at a certain buyer hoping to spend less than a tenner on wine fit for a king’s feast [though a “fresh from the freezer” turnip moussaka may be tonight’s best offering]

We scour shelves, eyeing price and label simultaneously till a suitable candidate springs out from the dreary roster of familiar names, when all we require is a glass [or three] of something fruity and delicious.

This month, pretending we live in the Languedoc, where pink wine is ubiquitous, I was determined to try the three new rosé wines from our local Cove Country Store.

I’ve never quite mastered the art of ignoring first impressions. I once played for a large choir in Glasgow’s City Halls, whose pianist couldn’t perform at the concert.

Although the members were very friendly and had a super-enthusiastic conductor, who for legal reasons I shall call Eddie Binnie, their average age must have been north of 65 and all speeds were deadly slow.

The line, “Jump down, turn around, pick a bale of cotton. . .” took five seconds to sing, and I was given a row by a soprano for pushing the tempo to something approaching “quick two in a bar” .

I drove home to change into my penguin suit, walked the dog and returned to what now appeared to be an Oscar ceremony.

I was greeted by a host of glamorous beauties, [and not just the basses. . .] but no one I recognised. Until I heard the distinctive, purring tenor of Gretchen, now 6 inches taller and sporting a brunette wig and 500 grammes of make up. And there was Hazel, looking as if she’d spent the interval raiding Argyle Arcade for diamonds [despite Eddie’s instruction of “NO jewellery, ladies!”]

The choir looked superb and the performance was surprisingly a knockout, I even got away with an accelerando

through “Bale of cotton”. Which proves my point about never trusting your first impression.

So, delighted to see such an interesting collection of French and Italian wines in Cove, I picked my first choice on its colourful label alone. Masseria Torrecella appears to be a beautifully floribundant [a word I’ve never needed before] estate in Puglia, producing wines and olive oil, within a profitable holiday lets and restaurant business.

Their Aurora rosé is a curious orange colour rather than pink and my initial taste was a bit metallic, and I’m afraid, thin. Perhaps a traveller might love this after a 2 hour bone shaker drive to their panoramic terraces, but I can’t recommend spending £13.90 on this bottle, even with its garden catalogue label.

Much more satisfying is a Cotes de Provence named La Grande Bauquiere. A tall, elegantly labelled, pale pink wine delivered real, redcurranty fruit at first, then I loved the alcoholic blast of marzipan across the roof of my mouth, as if Duncan had slipped a thimbleful of Amaretto in when I was heating up Wilfred’s ragu. This is classy and refreshing at £12.75.

My first, adult trip to France was to Ceret near Perpignan. We arrived at the height of their cherry harvest and the streets were laden with boxes of shiny maroon, aromatic fruit.

The merchants and pickers were credited as “Cerisiers”, the name of this month’s star buy, a Cotes du Rhone rosé made from grenache noir grapes, with a little syrah and cinsault.

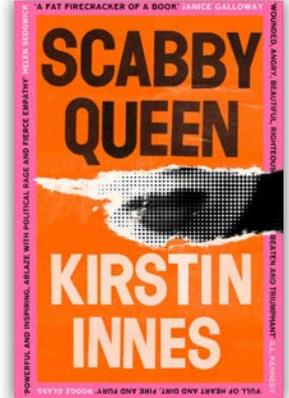
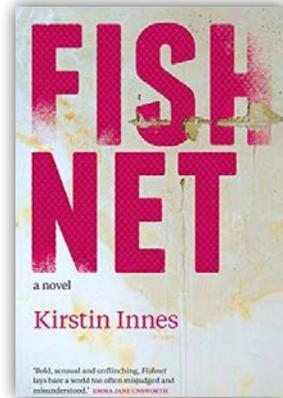
Priced at tuppence short of a tenner, Les Cerisiers delivers violet and pear scents, followed by full but dry fruit across the tongue which never becomes dull, even after the first bottle.

A no-nonsense label with only a sword to embellish the script illustrates my [tenuous] link to first impressions not always being reliable. Well done, Cheryl.



Author of the Month - Kirstin Innes

By Jeanne Brady



Born in Edinburgh in 1980 and raised by a single mother, Kirstin Innes has had an extensive creative career in Scotland. She is the author of two novels, many short stories and hundreds of articles on the arts and creativity in her capacity as assistant editor of *The List* over four years.

Describing herself now as living in the west of Scotland with her 'partner and a squawking pile of small boys', Innes was influenced by her grandmother, who was constantly giving her books: 'When my grandma died my mum produced all these stories she had found that I had typed up on my grandma's old typewriter and illustrated when I was eight or nine.'

In an interview with the *Herald*, Innes notes, 'I was really lucky that my teen years coincided with this magnificent boom in Scottish realist, beautifully written fiction. I was reading Janice Galloway and AL Kennedy and Irvine Welsh and Ali Smith as a late teenager. This was writing that focused on contemporary Scotland and that's where I've always thought to write because of that apprenticeship.'

In an interview with the *Bookseller*, she points out that there has been 'a conflation between Scottish writing and male working-class, often west-of-Scotland, writing', while she acknowledges the influence of Scottish women writers: 'I suppose you can see Scottish women writing over the past three decades as the process of giving ourselves permission to experiment and create and play and be angry as well.'

Innes attended the University of Aberdeen before moving to Glasgow in her twenties to work at the Arches, the famous, now sadly missed music venue. Her most recent work, published this month, is her co-authored memoir/oral history of the Arches: *Brickwork: A Biography of the Arches*.

In Innes' first novel, *Fishnet*, 20-year-old Rona had disappeared six years ago from the flat she shared with her sister Fiona. Now Fiona, caught in a dead-end job, is determined to find Rona, especially after Fiona discovers her sister had been a sex worker before vanishing.

Fiona is determined to find out why and how Rona had taken up such a vilified occupation, and makes some surprising discoveries along the way. Reviewers have praised how Innes challenges her readers' assumptions about prostitution, and how those outside of the sphere of sex work express opprobrium and/or pity, but rarely empathy. *Fishnet* won the *Guardian's* Not the Booker Prize in 2015.

In an article written for the *Crimereads* website, Innes gives a moving account of her initial meeting and growing friendship with sex worker and activist Laurie Lee, which deeply informed Innes' writing of *Fishnet*. Before her sudden death in 2018, Lee bravely 'outed' herself in order to campaign for the rights and protection of sex workers, and Innes dedicated the new edition of *Fishnet* to her: 'An Ode to Laurie Lee' <https://crimereads.com/an-ode-to-laura-lee/>.

Innes' next novel is *Scabby Queen* (2020), which first chronicles the death (very early in the novel) of Scottish singer, activist and proud, working-class chaos-creator Clio Campbell.

Her life is subsequently told through the memories of the many people she's encountered through her travels through the Scottish (and elsewhere) creative and political scenes. Clio had the knack of making friends, enemies and frenemies at a fiercely intense pace and it is by reading their memoirs that a more rounded portrayal appears, as though each person's encounter is a card that eventually produces a somewhat completed set.

When not writing, Innes works in the arts and public relations, and has experience in a wide range of different projects, among them the midsummer Solas and Glasgow Film festivals, the Edinburgh Mela, Bloody Scotland (Scotland's crime-writing festival), as well as work with documentary makers and Scottish textile designers.

She also writes articles and reviews for a variety of news outlets – the *Independent*, the *Scotsman*, the *Herald*, and as mentioned above, *The List*. She has also had short stories commissioned by the BBC, and is writing a screenplay about Muriel Spark.

*Kirstin will appear with partner Alan Bissett, whose novella, *Lazy Susan*, has also just been published, at the 8th Cove and Kilcreegan Book Festival on Sunday 28th of November.

Peninsula Profile



Alistair Lamont's life has taken something of a circular tour. The new chair of the Cove and Kilcreggan Community Council met and married his wife Sheena when both worked at Coulport. And now they live just a few steps from Kilcreggan village, where Sheena's dad once had a shoe shop (Now the Creggans!)

But between then and now lies a life which has taken Alistair to Bath, Bristol, London, Dean Hill, Georgia USA and many points in between. And along the road this rugby mad former civil servant managed to be seconded to the Royal Navy as Lieutenant Commander and UK liaison officer at an American submarine base.

Born and raised a Fifer, Alistair traversed through primary school in Inverleith and Dunfermline High, that rarity among state schools which majored on rugby – although a couple of his fellow pupils also had junior Scotland caps with the round ball.

Alistair and Sheena had their wedding reception in Cove Burgh Hall, which has again become a popular destination for today's brides and grooms.

When he was relocated to Bath, and subsequently London, the couple would spend weekends in either town before Alistair went to look after a naval ammunition dept at Deans Hill. From

thence it was to a posting to Kings Bay in Georgia, in America's deep south.

Looking back, Alistair can recall how they belatedly became aware that in the local stores neither the customers nor the serving staff were black. These were very different times.

Sheena recalls that their posting was different from other people attached to the navy, because there was a whole support network laid on for service wives whose husbands were at sea.

When the newly seconded Naval officer Lamont took charge of a base with between 8 and 10 thousand personnel, he discovered he was the solitary Scotsman. Though there was a scattering of Scots who had married US servicemen when they were based in Dunoon.

Alistair also spent two short spells at Cape Canaveral in Florida, and on his second tour there managed to witness some shuttle launches.

He's the proud possessor of some cracking pictures of these, taken by a NASA photographer.

There wasn't a huge amount of time for leisure trips, although when they went to Washington where Alistair had meetings they do remember visiting the Capitol and mistaking it for the White House. He blames jet lag!

More memorable for all the wrong reasons was a trip to Hawaii where Alistair was due at a ceremony representing the Queen. A tough call since whilst he was in Hawaii, and his luggage was in Dallas!

The only store open before the off gave him a choice of a tweed jacket or a pink silk one. Sadly he went for tweed.

That same trip found Sheena felled by food poisoning, both being stuck in

punishing temperatures in an external glass lift which malfunctioned, and having to walk down dozens of flights of stairs when a fire alarm went off. You suspect they won't be rushing back.

Alistair took early retirement to help his unwell sister look after their parents, one of whom had dementia and the other MS.

And when they decided to return from Bath and Bristol to Kilcreggan, and bought their house in 2013, it would be five years before they actually moved in.

The intervening years were spent going all over Europe and even up to the Arctic circle in a motorhome, a travel bug they still haven't shaken off.

All during lockdown, says Alistair, as soon as they were able to travel within their own county, they realised what a stunning place Argyll and Bute was. So, with Thistle, a collie puppy when the motorhome was acquired, they travelled all over their own hinterland.

Another wee hobby Alistair owns up to is a Rail Ale Trail, which, as the name suggests is a train journey from Lancashire to Yorkshire with some pals, where the pit stops involve some splendid pubs.

Now that he's taken over from Nick Davies as chair of the Community Council he says their priorities will include the ferry service, schools, parking, housing, cycle paths and the history and heritage and revitalisation of the villages.

A big agenda, but one he says, about which he feels passionate.

Like most organisations, he'd also like some younger residents to get involved. After all, he says, they're the families with most to gain from a vital local community.

Understanding Antiques

With Roo Irvine



The King and Queen Within

The world of antiques divides neatly into two categories, -those to 'do', and those to 'See'. Everything in existence is either functional or decorative, and the best antiques straddle both categories effortlessly. A rare antique is one that truly makes you think, exercises the mind, expands the brain and even improves your IQ. It's attracted the sharpest minds, helped leaders win wars, and 1500 years later now has a fan base of over 600million people around the world. Of course, it can only be Chess.

Dating back to 6thC India, the original version of the world's favourite pastime was called Chaturanga. In Sanskrit, Chaturanga essentially means 'four limbs or parts' and in poetry it translates as 'army.' The original 'army' consisted of elephants, chariots, horsemen and foot soldiers. The main similarities are that it's played on a grid, and every 'character' had different powers assigned to them.

Unsurprisingly, there are many parallels between war and a game of chess. The military have used chess as training for warfare and some generals even travelled with their own chessboard. It became a powerful metaphor for strategy, battle, defeat and protecting your territory.

Chaturanga travelled the world from far-flung exotic lands. From India to Persia, the Arab kingdom, Japan, China, it eventually spread to Europe through the Byzantine Empire and Muslim Spain. Once it hit Europe, it was deeply rooted in aristocracy, wealth and nobility, - almost an intellectual rite of passage. It only became a competitive sport in the 19thC.

The psychology and history behind the humble game of chess is fascinating and showcases some of the most intelligent minds in existence. During WW2, some of the top chess players were recruited as code-breakers. Three British Chessmasters were on the team that broke the Nazi enigma code. "For in the idea of chess and the development of the chess mind, we have a picture of the intellectual struggle of mankind"- Richard Reti.

How is this display of intellectual superiority represented in our Antiques? Marcel Duchamp said, "I have come to the personal conclusion that while all artists are not chess players, all chess players are artists." In that same vein, chessboards are works of art alongside paintings and sculptures.

The most notable example is the world-famous rediscovery of the Lewis Chessmen. Originally discovered in 1831 on a beach in Uig, Lewis in Scotland, the chess pieces were made from walrus ivory and sperm whale tooth and date to 12thC Norway. At the time the Hebrides belonged to the kingdom of Norway, with a rich Gaelic/ Scandi culture. With 93 pieces safely homed in our British museums, they offer a fascinating insight into our medieval Gaelic history and a long-lost world.

Fast forward to July 2019 when an unusual looking chess piece sat in a family drawer for 55 years. At 3.5 inches high, it sold for an incredible £735,000. The owner's grandfather, an Edinburgh antiques dealer bought the chess piece for £5 in 1964. Not knowing what it was, the family kept it due

to its unusual 'magical qualities.' These are the fairy tales we all hope to stumble across in our own homes. Easier said than done might I add, but these 'finds' are still being found!

Chess sets are incredibly hard to value and it all comes down to the maker, where it was made, the age, plus the quality of the material, - a specialist field indeed.

Surprisingly, the most valuable chess set in existence is just over 10 years old! The Pearl Royale, created by jewellery maker Colin Burn is one of three in existence and is worth \$4million. Made in 18kt white gold and dripping with 510 carats of diamonds, sapphires and south sea pearls, it truly is a chess set for Kings. Unfortunately if you can't afford to buy one, you can see one up close and personal... in Beverly Hills of course!

If you don't have a lost Lewis chess piece hiding in the attic or 12thC Islamic Chess set lying around at home, you can still use the wisdom of chess to guide you on your own journey. In the words of Ralph Charell, - "Avoid the crowd. Do your own thinking independently. Be the chess player, not the chess piece."

Roo Irvine owns Kilcreggan Antiques and is a regular presenter on Antiques Road Trip and Bargain Hunt. Look out for her on the upcoming series of Celebrity Mastermind. Find out more at www.rooirvine.com and www.kilcregganantiques.com

Growing Pains

With Liz Mathie

Nature brings a final, fiery flourish to gardens this month before they are decorated with snowmen, sleighs and santas! Rowan, birch, acer and deciduous azaleas – all are making wonderful splashes of warm colour against a dark backdrop.

There was a *Styrax japonicus*, the Japanese snowbell tree, here when we bought the house, and every year it produces white, hanging bell shaped flowers in Spring and turns a wonderful golden yellow in Autumn. Even some hostas are putting on a show, those which were not devoured by slugs, that is!

Most of us are familiar with the Japanese maples, a form of *acer palmatum*. Not only are they displaying wonderful colour at the moment but some have attractive bark such as *A. callipes*, the snakebark maple and *A. griseum*, the paperbark maple.

There are hundreds of named forms, and the smaller varieties grow well in pots, given some wind shelter and a growing medium ideally of John Innes no.3 mixed with an ericaceous compost. But remember, the nutrients in the compost will be depleted after a year or two. If you can, scrape off some of the soil and replace with fresh growing medium and give it a feed.

If it has outgrown the pot, which happens eventually, tip it out. You may need to slide something with a blade round inside – like getting a cake out of a tin. I know we are told to ‘tease out the roots’. If it has been in the pot for years, that will be nigh on impossible.

My solution is to saw off the bottom few inches, then treat it like a donner kebab and saw down the sides! If you do this in spring, when the exposed roots find the lovely new compost, they will start to grow.

I went off on holiday one hot summer several years ago, leaving the watering in the capable hands of a dear friend, only – I forgot to mention the acer in a pot in a different bit of the garden! It was just a stick by the time I got home. The pot was too heavy for me to lift and dump



somewhere, so I threw a bucket of water at it, not expecting any revival. After a few weeks, some tiny buds appeared on the stem.

I nurtured it for several more seasons, and two years ago my garden angel planted it. It is now a proper tree i.e. birds land on its branches and I'll be able to hang feeders on it this winter.

There are some amazing photographs from Westonbirt Arboretum in Gloucestershire online at the moment. Closer to home, I always enjoy a visit to see the autumn display at Crarae Gardens south of Inverary, followed by the obligatory stop at The Tree shop (assuming the Rest and be Thankful is open!) Money can't buy you happiness – except at the garden centre!

I suppose I am a sort of *laissez-faire* gardener, so I am not constantly raking up leaves at this time of year, or ‘putting the garden to bed’ by tidying up all the borders. There are areas where I know the wind will have piled up the leaves for me. Those I collect and put in the wire bin. Some will have got caught in among the shrubs and perennials and can be left all winter as a mulch.

Last year's leaf mould I rub through a sieve and mix it with potting compost and a little grit. This is used to repot the small collection of *primula auricula* that I overwinter in the greenhouse.

The succulents have also been brought indoors as they don't mind cold so much as being wet and the two together spell

disaster. Some of the smaller ones are on a south facing window ledge in the house and those I will water occasionally but the larger varieties in the greenhouse should not need any. Succulents store water in their leaves, so overwatering them causes them to rot.

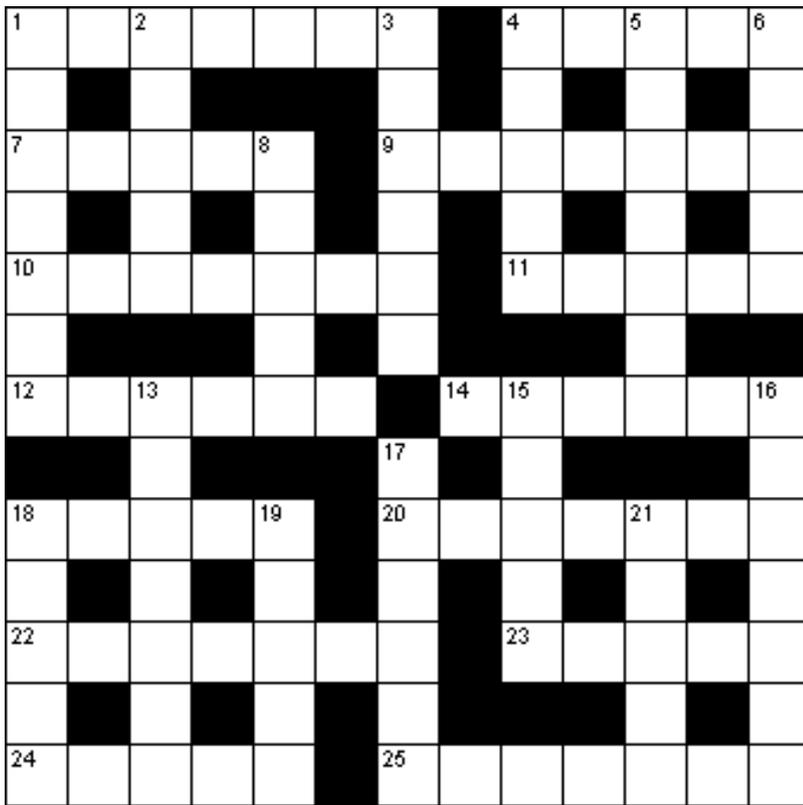
There is an old, drystone wall running all the way down one side of the garden. As you can imagine, it is covered in ivy. There are times when I am tempted to strip as much of it away as I can but I hesitate. It is in flower at the moment and is a magnet for honey bees, hover flies and social wasps-an oxymoron if ever there was one!

Mature plants will stop climbing and concentrate on flowering instead. It is only the young growth which has the palmately lobed leaf that we all recognise as ivy. The mature stems produce wide, oval leaves.

The fruit is greenish black to dark purple and is eaten – and dispersed – by a range of birds, including thrushes and blackcaps. Birds build nests in it. A range of creatures overwinter under its shelter. It's not the first time I have removed a bit to find a grumpy toad glowering at me! So don't be ruthless and remove it all – besides, it's probably holding up your wall!

Finally, to anyone who has moved into the area from another climate and is not sure what thrives in this neck of the woods, can I suggest that you click on helensburghorti.com. There you will find a wealth of information from Helensburgh & Gareloch Horticultural Society. I hope you will be tempted to join us!

Crossword



Across

- 1. Seafarer (7)
- 4. Attain (5)
- 7. Catlike mammal (5)
- 9. Type of rock (7)
- 10. Respire (7)
- 11. Gaze (5)
- 12. Resembling a horse (6)
- 14. Unit of time (6)
- 18. Pandemonium (5)
- 20. Melodious (7)
- 22. Elusive (7)
- 23. Fibbing (5)
- 24. Foe (5)
- 25. Distinguished (7)

Down

- 1. Gruesome (7)
- 2. Variety show (5)
- 3. Elevated (6)
- 4. Parts of a ladder (5)
- 5. Fruit (7)
- 6. Precipitance (5)
- 8. Colossus (5)
- 13. Unwitting (7)
- 15. Tripod (5)
- 16. Joy (7)
- 17. Hinder (6)
- 18. Pancake (5)
- 19. Glossy (5)
- 21. Percussion instrument (5)

For all you crossword buffs out there we hope you enjoy doing the crossword again. You can print just this page at home or ask in Kilcreggan Post Office and they will print it for you.

There will be no prize on offer at this time.

Last Month's solution



News in Brief

PORCH GALLERY IS BACK IN BUSINESS

The Porch Gallery is celebrating its first birthday with a new exhibition, Festive Sparkle featuring more than 25 artists and crafters.

It will run from Friday November 19th to Sunday December 5th. Last year it was held in Fiona Holland's tiny Porch in Templeton Cottage,

Kilcreggan. This time it's expanded into her dining room!

This year's charities, among others are the RNLI, Alzheimers Scotland, and Cats Protection.

Fiona tells us the last two shows have donated more than £1200 to charity. Check out The Porch Gallery on Facebook for full info.



Cove & Kilcreggan Branch

Lifeboats

THE ART OF CHRISTMAS

SALE OF ORIGINAL ART + RNLI CHRISTMAS CARDS & GOODS

Saturday November 6th
11am to 1pm
in Cove Burgh Hall

Tea Coffee and Home Baking

£3
includes tea & coffee

Cash, Cheques & Credit Cards Accepted

XMAS CARD SALE IS BACK

The RNLI's popular Christmas Card sale is back! It will run in Cove Burgh Hall from 11 till 1 on the 6th of November

As well as calendars and RNLI goods, there are some gifted artworks for sale from £20 by card or cheque.

Tea and coffee with mince pies and shortbread are included in the entry price of £3 and any donations of baking on the day – wrapped and labelled, please – would be much appreciated.

WE DO LIKE MONDAYS AT THE LIT!

All the Cove and Kilcreggan Literary Society talks start at 8pm in Cove Burgh Hall.

1st November - 8.0pm.

'Herman Charles Bosman, Makapan's Caves' by Laurette Leach.

MONDAY 15th

'War Artists' by Hilary Richardson

MONDAY 29th - 8.0pm.

'The Scot who Won Two Wars' by Ian Nicolson.

www.covekilcregganlitsoc.org
contact@covekilcregganlitsoc.org

COVE PARK SYMPOSIUM WILL RUN DURING COP26

Cove Park, will celebrate the arrival of Cop 26 with its own major and international symposium.

'Turbulence / Emergence / Enchantment: A Compendium of Climate Literacies' takes place at Cove Park between 4-7 November 2021.

It examines how language and action relate to each other in climate science, narrative and activism. And it will ask how we ensure that languages have an

impact on global discourse.

This symposium aims to raise those and other urgent questions by gathering together contributors from a wide range of different backgrounds, through a series of lectures, performances and film screenings. Full details at

<https://covepark.org/turbulence-emergence-enchantment-a-compendium-of-climate-literacies/>

JOIN THE CHOIR!

The new look Peninsula Choir now meets every Wednesday in Cove Burgh Hall. It's not too late to join the fun and camaraderie.

The next sessions from 7.3-0 to 9.30 pm will be on the 10th, 17th and 24th of the month.

[Contact](#)
gwyn_simons@yahoo.com



Cove Stay And Play

Looking for a Local Playgroup?
Live in Cove, Kilcreggan, Rosneath,
Garelochhead or the Rosneath
Peninsula?



Re-Opening



Tuesday 26th October

1pm - 2.30pm



Cove Stay and Play meets every Tuesday
1pm-2.30pm at the Cove Burgh Hall, Shore Rd.
Cove. G84 0LY



Everyone is welcome. Babies to Pre-schoolers.
Parents, Grandparents, Carers, Childminders.

£2 for first child, £1 for each additional child.
Snacks/drinks for children and adults
will be provided.

Please email covestayandplay@outlook.com for further information.

Although the majority of Covid-19 protection measures have now been lifted. We please ask you to wear a mask whilst moving around the Hall, unless exempt and use the hand sanitising stations frequently.

HALLOWEEN EVENTS!

On Saturday the 30th October, the 'Enchanted Nature Trail' at the Clachan Glen, Rosneath shall be transformed into the 'Forest of Frights'; We have a packed programme of FREE events for children, adults and even the pets!

12 noon - 1pm
Halloween Pet Fancy Dress Competition.
Bring down your pet in their favourite Halloween costume.
(Entries shall be posted onto Facebook for public to choose a winner)

3pm - 4pm
Halloween party for the younger children.
Halloween games & treats! Fancy dress a must!
(All children must be accompanied by an adult)

6pm - 8pm
Terrifying walk through the 'Forest of Frights!'
Enter if you dare!!!
(Definitely not suitable for younger children!)

Entry to all events is via Rosneath Road entrance only.

To ensure all our events are FREE entry, we rely on donations; If you would like to make a donation please use the red donation box attached to the trellis, in the garden at 4 Ferry Road, G84 ORR
More info on our Facebook page at RosneathEvents or phone Autumn on 0773 328 4443

CONTENTS

MAYFIELD BEAUTY ROOM

gti GUILD TRAINING INTERNATIONAL

This is to certify that
Sarah Keating
has satisfied the requirements for the
Guild Training International qualification
COVID-19 Infection Prevention and Control
Training Centre: Guild Training International
Book Awarded: 15 May 2020
Registration No: 142524



Need a bit of pampering?
Call Sarah today:
Mayfield House, Argyll Road,
Kilcreggan
Mob 07711318522

CND™ VINYLUX™ SYSTEM

CND™ VINYLUX™ Long Wear Polish delivers week long wear—and care—in two simple steps.
The system consists of an all-in-one base and color coat and a top coat, which must be used together for ultimate performance.



Join your local Yoga Classes on-line



Yoga continues as normal on line. Just contact Roni to join the class. It is on Facebook at Happy Days Yoga where you can click on a link and join in the class, or email myhappydaysyoga@gmail.com. The classes are 1 hour which gives time to say hi to everyone and have a wee chat which right now is as important as the yoga practice. The classes are £5 which can be paid direct into my account or via Pay Pal, can be arranged at a later date, just show up on the mat, chat and give yourself a break. ♥

Monday Ashtanga 9.30am ♥

Tuesday Flow/ Yin Yoga 8pm ♥

Wednesday Chair 10am ♥

Thursday Flow/Yin 8pm ♥

Friday Chair Yoga 1pm ♥



Seeing the world

from a new perspective.

Ministerial Musings

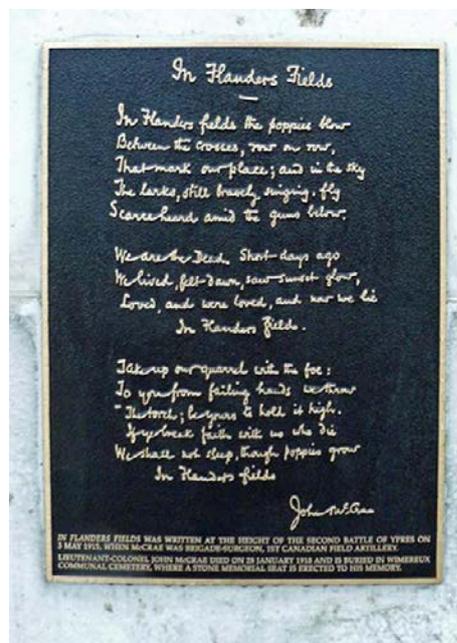
With the Rev Christine Murdoch

In Flanders fields the poppies blow
between the crosses, row on row,
that mark our place; and in the sky
the larks, still bravely singing, fly
scarce heard amid the guns below.

We are the Dead. Short days ago
we lived, felt dawn, saw sunset glow,
loved and were loved, and now we lie
in Flanders fields.

Take up our quarrel with the foe:
to you from failing hands we throw
the torch; be yours to hold it high.
If ye break faith with us who die
we shall not sleep, though poppies grow
in Flanders fields.

John McRae



John McRae, a Canadian army surgeon in a field hospital, wrote his famous poem in May 1915 after the funeral of a friend, who was killed in the Second Battle of Ypres. In December 1915 the poem was published in *Punch* and soon became one of the most quoted war poems. The poem inspired an American academic, Moina Michael, to adopt the poppy in memory of those who had fallen in the war. She campaigned to have it adopted as an official symbol of Remembrance in the United States and worked with others who were trying to do the same in Canada, Australia and the UK.

Anna Guérin, a French woman, also promoted the poppy as a symbol of remembrance. She visited the UK in 1921, planning to sell poppies. She met Field Marshal Douglas Haig who had commanded in the British Army in France during the First World War. Earl Haig founded the Royal British Legion in the same year and was persuaded to adopt the poppy as their emblem in the UK. That year the Royal British Legion

ordered nine million poppies and sold them on 11 November. Thus 2021 marks 100 years of using the poppy as a symbol of remembrance for those who gave their lives in that war. It soon became a symbol for all who died in any war.

It wasn't until 1926 that the Lady Haig Factory opened in Scotland where 2 ex-servicemen made poppies by hand, using red paper and scissors. Now over 40 ex-servicemen and women make 5 million poppies each year for the Scottish Poppy Appeal. While a machine now cuts out the poppy shape, the poppies are still made by hand. One of the reasons that remembrance poppies in England, Wales and Northern Ireland, have 2 petals and a leaf, while in Scotland they have 4 petals and no leaf, is due to the different factories in which they are made, with the Lady Haig Factory being run by poppyscotland.

In 1933, the Co-operative Women's Guild began selling white poppies as a symbol of the hope of ending all war. Personally, I

do not think it is important which colour of poppy we wear, what is important is that we wear them as a symbol of remembrance of those who made the ultimate sacrifice and, in the words of poppyscotland, a symbol of compassion and a symbol of hope.

After we had to cancel our Remembrance Sunday events last year due to COVID-19, at the time of writing we hope to be able to gather as a community on 14th November at the War Memorial in Cove at 10.50 for our act of Remembrance. We look forward to welcoming you to join with us on this special day, whatever colour of poppy you may be wearing.

As we are still learning to live with COVID-19, as always, I hope and pray that you keep safe.

Christine x

James Auld Funeral Directors

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Web: www.craiglyonfinancial.co.uk



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GOUROCK - KILCREGGAN (GOU - KIL)

Table 1A



DAY	Glasgow Central Depart	Gourock Arrive	Gourock Depart	Kilcreggan Arrive	Kilcreggan Depart	Gourock Arrive	Gourock Depart	Glasgow Central Arrive
MON - FRI	0554	0635	0641	0654	0704	0717	0728	0819
	0625	0711	0727	0740	0750	0803	0811	0850
	0722	0809	0820	0833	0843	0856	0908	0959
	0828	0906	0916	0929	0953	1006	1038	1131
	0925	1004	1016	1029	1053	1106	1138	1229
	1006	1058	1116	1129	1139	1152	1208	1259
	1155	1235	1256	1309	1319	1332	1338	1429
	1236	1326	1342	1355	1405	1418	1424	1503
	1306	1359	1428	1441	1455	1508	1524	1606
	1407	1458	1518	1531	1555	1608	1638	1729
	1506	1559	1618	1631	1702	1715	1724	1804
	1617	1709	1725	1738	1748	1801	1824	1902
1727	1806	1813 A	1826	1836 A	1849	1908	1959	
SAT	0707	0758	0804	0817	0827	0840	0907	0959
	0740	0830	0850	0903	0914	0927	0939	1029
	0828	0906	0936	0949	0959	1012	1038	1129
	0925	1004	1022	1035	1053	1106	1138	1229
	1006	1058	1116	1129	1139	1152	1208	1259
	1136	1226	1256	1309	1319	1332	1354	1433
	1255	1333	1343	1356	1406	1419	1438	1529
	1306	1359	1429	1442	1455	1508	1524	1606
	1408	1459	1518	1531	1555	1608	1627	1708
	1506	1559	1618	1631	1702	1715	1724	1803
	1618	1709	1725	1738	1748	1801	1824	1903
	1727	1806	1813 A	1826	1836 A	1849	1908	1959

CODE

A	On the 1813 hours journey from Gourock, should the train be late in arriving, the ferry will wait a maximum of 12 minutes until 1825 hours
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NOTE

Passengers must present themselves at the ferry gangway at least 2 minutes before departure time
No Sunday Service
No service 25, 26 December and 1, 2 January
Train times displayed are valid until 11 Dec 2021
Train connections are not guaranteed as some trains arrive/depart with less than the necessary transfer time. Please visit www.scotrail.co.uk for the latest info before travelling.
Due to the constraints of the pier infrastructure and vessel, this service may not be suitable for wheelchair users or passengers with reduced mobility. Passengers must board the vessel via stairs and to access the sheltered seating area and accessible toilet on the lower level

FARES

GOUROCK - KILCREGGAN	Single	Return	10 journey ticket
Adult	£3.70	£7.20	£25.65
Child 5-15 (Infant under 5 free, must have a valid ticket)	£1.85	£3.60	
Pedal cycles (restricted numbers)	Free	Free	

Transport Timetables

Service 340 Helensburgh – Vale of Leven Hospital – Royal Alexandra Hospital

Operated by McColl's Travel Limited on behalf of SPT



Route Service 340: from **Helensburgh Rail Station** via Princes Street East, Sinclair Street, Luss Road, A818, Crosskeys Roundabout, A818 Arden Roundabout, A82, A811, Luss Road, North Main Street, Vale of Leven Hospital access road (clockwise), North Main Street, Bank Street, B857, Main Street, Lennox Street, Renton Road, Glasgow Road, High Street, Church Street, Glasgow Road, Dumbarton Road, Great Western Road, A898, Erskine Bridge, M898, M8, St James Interchange, A726, Greenock Road, Caledonia Street, Underwood Road, B7050, Maxwellton Street, Corsebar Road, access road to **Paisley, Royal Alexandra Hospital**.

Journeys via Rosshead operate from Vale of Leven Hospital access road, Heather Avenue, Colquhoun Drive, Halkett Crescent Colquhoun Drive, Heather Avenue, North Main Street then normal route to Royal Alexandra Hospital

Return from Paisley, Royal Alexandra Hospital via access road, Corsebar Road, Maxwellton Street, B7050, Underwood Road, Caledonia Street, Greenock Road, A726, St James Interchange, M8, M898, Erskine Bridge, A898, Great Western Road, Dumbarton Road, Glasgow Road, Church Street, High Street, Riverside Lane, High Street, Glasgow Road, Renton Road, Lennox Street, Main Street, B857, Bank Street, Main Street, North Main Street, Vale of Leven Hospital access road (clockwise), North Main Street, Luss Rd, A811, A82, Arden Roundabout, A818, Crosskeys Roundabout, A818, Luss Road, Sinclair Street to Princes Street East, **Helensburgh Rail Station**.

Journeys via Rosshead operate from North Main Street, Heather Avenue, Colquhoun Drive, Halkett Crescent, Colquhoun Drive, Heather Avenue, Vale of Leven Hospital access road then normal route to Helensburgh Rail Station

Monday to Friday

Helensburgh Railway Stn	⇒ 0710
Arden, Duck Bay Marina	0721
Vale of Leven Hospital	0730	0922	1115	1355	1810
Rosshead, Halkett Cres
Alexandria Railway Stn	⇒ 0735	0927	1120	1400	1815
Renton, at Station St	⇒ 0738	0930	1123	1403	1818
Dalreoch Railway Stn	⇒ 0742	0934	1127	1407	1822
Dumbarton, Church St	⇒ 0746	0938	1131	1411	1826
Dumbarton East Railway Stn	⇒ 0750	0942	1135	1415	1830
Milton	0753	0945	1138	1418	1833
Paisley, at St James Park	0810	0958	1151	1431	1846
Royal Alexandra Hospital	0822	1007	1200	1440	1855

Saturday & Sunday

1340	1745
1351	1756
1400	1805
1405	1810
1410	1815
1413	1818
1417	1822
1421	1826
1425	1830
1428	1833
1441	1846
1450	1855

This service is jointly funded by NHS and SPT. The service provides direct links between Helensburgh, Vale of Leven Hospital, and the Royal Alexandra Hospital. The service is available to everyone and is operated with a low-floor wheelchair accessible vehicle

Royal Alexandra Hospital	0827	1015	1215	1620	2008
Paisley, at St James Park	0839	1024	1224	1632	2017
Milton	0854	1037	1237	1647	2030
Dumbarton East Railway Stn	⇒ 0857	1040	1240	1650	2033
Dumbarton, Church St	0901	1044	1244	1654	2037
Dalreoch Railway Stn	⇒ 0905	1048	1248	1658	2041
Renton, at Station St	⇒ 0909	1052	1252	1702	2045
Alexandria Railway Stn	⇒ 0912	1055	1255	1705	2048
Rosshead, Halkett Cres
Vale of Leven Hospital	0917	1100	1300	1710	2053
Arden, Youth Hostel	2101
Helensburgh Railway Stn	⇒	2111

....	1610	2008
....	1619	2017
....	1632	2030
....	1635	2033
....	1639	2037
....	1643	2041
....	1647	2045
1305	1650	2048
1310	1655
1315	1700	2053
1324	1709	2101
1335	1720	2111

Interchange is possible where the rail sign is shown. Interchange is also possible with service 306 at Vale of Leven Hospital, and with First Glasgow Service 1B in Dumbarton Town Centre

Fare table service 340

Adult single fares £

Paisley Royal Alexandra Hospital	1.05	Maxwellton Street	1.30	1.05	Caledonia Street	1.90	1.65	1.05	St James Interchange	3.05	3.05	3.00	2.85	Milton	3.20	3.05	3.05	3.05	1.50	Dumbarton East	3.20	3.20	3.05	3.05	1.90	1.05	Dumbarton Town Centre	3.20	3.20	3.20	3.05	1.90	1.30	0.85	Dalreoch	3.45	3.45	3.45	3.20	2.10	1.90	1.90	1.65	Renton	3.85	3.85	3.45	3.45	2.15	2.10	1.95	1.90	1.30	Alexandria	3.85	3.85	3.85	3.45	2.40	2.15	2.10	1.95	1.90	1.05	Rosshead	3.85	3.85	3.85	3.45	2.40	2.15	2.10	1.95	1.90	1.30	1.05	Vale of Leven Hospital	4.10	3.85	3.85	3.85	2.75	2.15	2.15	2.10	1.90	1.65	1.30	1.05	Tullichewan	4.45	4.10	4.10	3.85	3.00	2.75	2.40	2.40	2.10	1.95	1.95	1.90	1.65	Youth Hostel	4.45	4.45	4.10	4.10	3.05	2.85	2.75	2.75	2.15	2.15	2.10	1.95	1.90	1.30	Arden	4.90	4.90	4.45	4.45	3.05	3.05	3.00	2.85	2.75	2.40	2.15	2.15	2.10	1.90	1.30	Cross Keys	5.45	5.45	4.90	4.90	3.45	3.20	3.20	3.05	3.00	3.00	2.85	2.75	2.75	2.15	2.10	1.90	Sinclair Street	5.60	5.45	5.45	4.90	3.45	3.20	3.20	3.20	3.05	3.05	3.00	2.85	2.75	2.40	2.15	1.95	1.05	Helensburgh
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Return Fares for Journeys to and from Royal Alexandra Hospital

Helensburgh and Youth Hostel - £7.75 Adult £3.90 Child
Tullichewan and Renton - £6.25 Adult £3.15 Child
Dalreoch and Milton - £5.75 Adult £2.90 Child

Child Single Fares (from 5th to 16th birthday)

Children under school age travel free
Childs single fares at half the adult single fare rounded up to the next 5 pence

FARES ARE CORRECT AT JULY 2018 - MAY BE SUBJECT TO CHANGE



The 24 hour clock is used throughout this guide to avoid confusion between am and pm times.

For example:
9.00am is shown as 0900
2.15pm is shown as 1415
10.25pm is shown as 2225

This service will not operate on 25 December and 1 January. On other bank, public or local holidays the service will be operated as specified subject to traffic requirements when the service may be either amended or withdrawn by agreement with Strathclyde Partnership for Transport

RBS Mobile Bank Timetable

Tuesday	Garelochhead	9.35 – 10.00	Tuesday	Kilcreggan	11.10 – 11.30
"	Clynder	10.15 – 10.30	"	Cove	11.40 – 12.00
"	Rosneath	10.35 – 10.55			

316 Couplort - Helensburgh



Garelochhead Coaches

With Effect of Saturday 28th March 2020 until 31/8/2020 or notified otherwise, whichever is the earlier

Operates Monday to Saturday

Service No.	316	316	316	316	316	316	316	316	316	316
Couplort Roundabout	06:55	08:55	10:55	12:55	14:55	16:55	18:55			
Cove Shops	07:03	09:03	11:03	13:03	15:03	17:03	19:03			
Kilcreggan Pier	07:08	09:08	11:08	13:08	15:08	17:08	19:08			
Rosneath St Modans	07:13	09:13	11:13	13:13	15:13	17:13	19:13			
Clynder Stores	07:15	09:15	11:15	13:15	15:15	17:15	19:15			
Garelochhead, Linn Walk	07:28	07:33	08:00	09:28	11:28	13:28	15:28	17:28	19:25	
Faslane North	07:31	07:36	08:03	09:31	11:31	13:31	15:31	17:31	19:28	
Shandon, Peace Camp	07:35	07:40	08:07	09:35	11:35	13:35	15:35	17:35	19:32	
Rhu, Manse Brae	07:39	07:44	08:11	09:39	11:39	13:39	15:39	17:39	19:36	
Helensburgh Central	07:47	07:52	08:19	09:47	11:47	13:47	15:47	17:47	19:43	

Service No.	316	316	316	316	316	316	316	316	316	316
Helensburgh Central	08:01	10:01	12:01	14:01	16:01	17:15	17:35	18:01	20:01	
Rhu, Manse Brae	08:09	10:09	12:09	14:09	16:09	17:23	17:43	18:09	20:08	
Shandon, Peace Camp	08:13	10:13	12:13	14:13	16:13	17:27	17:47	18:13	20:13	
Faslane North	08:17	10:17	12:17	14:17	16:17	17:31	17:51	18:17	20:15	
Garelochhead Depot						17:32	17:52			
Garelochhead, Linn Walk	06:40	08:20	10:20	12:20	14:20	16:20	17:34 (R)	17:54 (R)	18:20	20:18
Clynder Stores	08:33	10:33	12:33	14:33	16:33				18:33	20:28
Rosneath St Modans	08:35	10:35	12:35	14:35	16:35				18:35	20:30
Kilcreggan Pier	08:40	10:40	12:40	14:40	16:40				18:40	20:35
Cove Shops	08:45	10:45	12:45	14:45	16:45				18:45	20:40
Couplort Roundabout	06:55	08:53	10:53	12:53	14:53	16:53			18:53	20:48

Codes

R By Request to the driver by Faslane South Gate

No Sunday Service

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